

I/M/POSSIBLE

"A gentle whisper for scary dreams"

Victim: *"a person harmed, injured, or killed as a result of a crime, accident, or other event or action."* So does the Oxford Languages dictionary say.

True. Life is a pivotal journey, which will present us with ample occurrences to make our "final definition" rich and unique. No one is immune to the forks in the road. While most, if not all, of their outcomes are easily explained in retrospect, few appear certain and tangible before they materialize. Enter confusion. Add some anxiety. Chase down with a doze of fear. Surrender to security. Never become what you could have.

Argument 1. Argument 2. Argument 3. Your brain can be extremely convincing while constraining you to the path of least resistance. Extend this perspective across other people's lives. Statistics. "Unfavourable. Pessimistic. 99.99% have failed. Choose familiarity over discomfort".

WHAT IF?

0.01%. 0.01% disregard such self-sabotaging tendencies of the human brain. That is all the needed proof. As Marcus Aurelius coined it succinctly: *"Do not think that what is hard for you to master is humanly impossible; and if it is humanly possible, consider it to be within your reach"*. Done. Accept it. Create a plan:

1. **What if I** take a step towards my goal **today**?
2. **Can I** take a step towards my goal **today**?
3. **Would I** take a step towards my goal **today**?
4. **Will I** take a step towards my goal **today**?

Your brain retaliates: "What if it is not enough?"

"I am one step closer."

"But it is a long road ahead."

"Tomorrow is just another day."

"You will get tired."

"I was tired when I started."

"How long will this last?"

"Not as long as yesterday."

Your life is your resume. How much of it is still empty?